

Is ageing inevitable?

Åpent 11.30 10/10/2022 Drammensveien 78

Mechanisms of ageing are evolutionarily conserved – how can they be modified to prolong function of body and brain?

Programme:

10:30 – 11:00 *Coffee and refreshments – mingling*

11:00 – 11:03 *Opening*

Lise Øvreås, President of The Norwegian Academy of Science and Letters

11:03 – 11:06 *Introduction*

Linda Hildegard Bergersen, University of Oslo

11:06 – 11:46 *Lecture: "The benefits of exercise for brain function"*

Henriette van Praag, Florida Atlantic University, Jupiter FL, USA



11:46 – 12:00 *Discussion and questions from the audience*

Moderated by Jon Storm-Mathisen

12:03 – 12:06 *Introduction*

Linda Hildegard Bergersen, University of Oslo

12:06 – 12:46 *Lecture: "What causes ageing? Lessons from The Worm"*

David Gems, UCL Division of Biosciences, London, UK



12:46 – 13:00 *Discussion and questions from the audience*

Moderated by Jon Storm-Mathisen

13:00 – 13:30 *Coffee and refreshments – Informal discussions*



UiO : University of Oslo



Det Norske
Videnskaps-Akademi
The Norwegian Academy
of Science and Letters

Admission:

The meeting is free of charge and open to the public. Due to limited seating, we ask our guests to register for physical attendance.

Registration (further below): Please register for physical presence at the Academy (seats limited)

Watch the lectures here. (Link will follow.)

Abstracts of lectures and Biographies of speakers [link]

THE NANSEN NEUROSCIENCE LECTURES

The Nansen Neuroscience Lectures (NNLs) are organized in conjunction with Fridtjof Nansen's birthday to honour his fundamental contribution to neuroscience. Since 10.10.2010 they are part of the Academy's Nansen-celebration. The NNLs are given by speakers selected from the top tier of science research.

[Nansen Neuroscience Lecturers 2010 - 2019](#)

[Nansen Neuroscience Lectures 2020](#)

[Nansen Neuroscience Lecture 2021](#)

Organizers: [Linda H. Bergersen](#) and [Jon Storm-Mathisen](#) in cooperation with the [University of Oslo](#), the [Nansen Neuroscience Network](#) (NNN), and the [Norwegian Academy of Science and Letters](#) (DNVA).



Nansen's Doctoral Thesis on the central nervous system comprised most types of invertebrate and vertebrate animals (among our own phylum, the chordates, he focused on the Atlantic hagfish, *Myxine glutinosa*).

[About Nansen's contribution to neuroscience](#)